

29th ANNUAL S.S.S. PROGRAM - JUL 15-17, 2011

Venue Key: Athletic Center: LR=Left Rear, LF=Left Front, RR=Right Rear, RF=Right Front (In The Main Gym), SG=Small Gym, AR=Aerobics Room, RMCC Building: SA = Small Aud 288, BA=Big Aud 247, MR = Meeting Room 282/283

SATURDAY

7:00-8:00 BREAKFAST - Dining Hall - No Service After 8am			
Training Time	Venue	Seminar Title – (subject to change)	Instructor
1. 8:10-9:50	SA	Program Management From White To Black Belt (open to all current & prospective instructors)	Dorsey/ Gillen/Muir
2. “	RR	Ju Jitsu Flow Drill- Standing to ground lock flow drill	. Raffi Derderian
3. “	LF	High Energy Techniques	Paul Fracchia
4. “	SG	Escorts & Come Alongs	Chris LaCava
5. “	LR	Two Man Sparring & Self-Defense	Bob Ryan
10:00-11:40 LF SAMBO Saddle Scott Sonnon			
6. 10:00-11:40	LF		Scott Sonnon
7. “	RR	The Quadrant Drill (Uke Waza)	John Ingallina
8. “	LR	Owing Your Art	Kevin Suggs
9. “	SG	Winning Traditional Sparring Matches	Dave Oddy
10. “	MR	Maximizing Kicking Potential	Kelly Muir
12:00-1:00 LUNCH - Dining Hall			
11. 1:10-2:50	SG	Applications for the Rear Naked Choke	Scott Devine
12. “	RR	Muay Thai Boxing: Tricks From The King Of The Ring	Kevin Seaman
13. “	LR	Functional Edge System Progressive Basics Vs Street Striking	Tony Torres
14. “	LF	Krav-Maga Grappling	Chris Dammann
15. “	AR	Sport Karate - Drills and Skills for Tournament Sparring	Jeff Melander
16. 3:00-4:40 LF Hostile Subject Control Takedowns Scott Sonnon			
16. 3:00-4:40	LF		Scott Sonnon
17. “	RR	Bo vs Sai fighting combinations	Matt Dorsey
18. “	LR	The Gate System: Simultaneous Block And Strike Sequences	Mark Cardona
19. “	MR	Breaking Down Your Opponent	Vince Anthony
20. “	SG	ZDK System Class (ZDK only)	Michael Campos
5:15-6:15 DINNER - Dining Hall			
7:00-8:30 MARTIAL ARTS DEMONSTRATIONS, ANNOUNCEMENTS, STAFF AWARDS - (BA) Big Auditorium			
8:30-12:30 LIVE D.J. AT THE DINING HALL AREA CAFÉ TIL 12:30 AM			

SUNDAY

7:00-8:00 BREAKFAST - Dining Hall - No Service After 8am			
21. 8:10-9:50	LF	Throws for Karatekas	Paul Fracchia
22. “	RR	Jeet Kune Do-The Martial Art Created By Bruce Lee.	Raffi Derderian
23. “	MR	Effortless Striking Power	Steven Pearlman
24. “	SG	Headlock Escapes From Gracie Jiutitsu	Scott Devine
25. “	LR	TBA	Shawn Vicknair
26. 10:00-11:40 LF TACFIT Commando Scott Sonnon			
26. 10:00-11:40	LF		Scott Sonnon
27. “	MR	Functional Edge System Progressive Basics Vs Street Clinch	Tony Torres
28. “	RR	Tanto Jutsu (Combative Knife Application)	Vince Anthony
29. “	LR	Combat Cane	Charles Barrett
30. “	AR	50 Ways to Teach Superior Martial Arts to Children	Kelly Muir
12:00-1:00 LUNCH- Dining Hall			
31. 1:10-2:50	LF	Krav Maga Combatives	Chris Dammann
32. “	LR	Empi Ha Kata & Applications	Kevin Suggs
33. “	SG	Combat Bojutsu:	Steven Pearlman
34. “	SA	Filipino Martial Arts: Stick Locks, Throws, Chokes and Breaks	Kevin Seaman
35. “	RR	Practical Combative Applications of Okinawa Karate	Dave Oddy
36. 3:00-4:40	SG	Sport Karate - Drills and Skills for Competition Kata	Jeff Melander
37. “	RR	TBA	TBA
38. “	LF	Practical Combat Aikido - (single/multiple opponent)	Charles Barrett
39. “	AR	Power from the Center	Chris LaCava

- GEAR MAY NOT BE PROVIDED AT CLASSES – **BRING YOUR TRAINING WEAPONS & SPARRING GEAR!**
- **YOU MUST WEAR YOUR ID AT ALL TIMES ON CAMPUS, + UNIFORM, SCHOOL TEES OR S.S.S. TEES TO ALL CLASSES**
- REPRESENT YOUR CLUB, INSTRUCTOR, & THE MARTIAL ARTS COMMUNITY APPROPRIATELY AT ALL TIMES
- **PRACTICE SAFELY & BE COURTEOUS TO ALL**
- **NO VIDEOTAPING OF ANY SEMINAR (W/out Instructor & Directors Permission).** STILL PICTURES ARE PERMISSIBLE
- **THE CAMP SCHEDULE IS SUBJECT TO CHANGE**
- **WE APPRECIATE YOUR SUPPORT & WILL DO ALL WE CAN TO ASSIST YOU - SEE STAFF WITH ANY QUESTIONS**
- **REMEMBER YOUR KEY ☺**